

USA SWIMMING
RULES & REGULATIONS COMMITTEE

AMENDMENTS
TO USA SWIMMING RULES & REGULATIONS
ADOPTED BY THE USA SWIMMING HOUSE OF DELEGATES
SEPTEMBER 17, 2011

R-3 ADOPTED EFFECTIVE IMMEDIATELY

Location: Page 27 102.7 Postponements and Changes in Program

102.7 Postponements and Changes in Program

- .1 (no change)
- .2 At the Meet Referee's discretion, events may be combined by age, gender, distance, and/or stroke provided there is at least one empty lane between such combined events. The Referee may waive the empty lane requirement with the concurrence of the coaches of the affected swimmers.
- .3 (no change)
- .4 (no change)

R-5 ADOPTED EFFECTIVE MAY 1, 2012

Location: Page 31 102.12 Starter

102.12 STARTER

- .1 **Preparation** — The Starter shall stand on the side of the pool within ~~ten feet~~ approximately five meters of the starting end of the pool and upon signal from the Referee, shall assume control of the swimmers until a fair start has been achieved.

No further change

R-6 ADOPTED/AMENDED EFFECTIVE MAY 1, 2012

Location: Page 34 102.22 Disqualifications

102.22 Disqualifications

- .14 Approved underwater video replay may be used to review stroke or turn infractions called on deck. The official(s) reviewing the video may only confirm the call made on deck, overrule the call, or advise the Referee that the review proved inconclusive.

R-7 ADOPTED EFFECTIVE MAY 1, 2012

Location: Page 36 102.24 Timing Rules

102.24 Timing Rules

.4 Determining Official Time

C **Primary Timing System Malfunction** — A malfunction may have occurred if:

- (1) The difference between the time obtained by the primary system and the back-up system(s) is approximately more than .30 second or greater ; or

- (2) The place judge(s) reports a different order of finish; or
- (3) It is reported the swimmer missed the touchpad or had a soft touch.

R-8 ADOPTED EFFECTIVE MAY 1, 2012

Location: Page 36 102.24 Timing Rules

102.24 Timing Rules

.4 Determining Official Time

D **Adjustment for the Timing System Difference** — When the Referee determines that there is a malfunction of the primary timing system, the back-up time(s) shall be adjusted for the timing system difference prior to integrating them with accurate primary times in establishing the official times and determining the results. The adjustment for timing system difference ~~may be incorporated into the automatic or semiautomatic system by design or may be~~ is determined by calculating the consistent average difference between the valid primary and backup systems used at that meet.

R-11 ADOPTED EFFECTIVE MAY 1, 2012

Location: Page 47 103.15 Backstroke Flags and Lines

103.15 /M/ BACKSTROKE FLAGS AND LINES

- .1 Design: *no change*
- .2 Location: *no change*
- ~~.3 /LSC/ For long course backstroke, individual medley, and medley relay events a firmly stretched ¼ inch line without flags or pennants shall be suspended at midpoint of the course.~~

R-13 ADOPTED EFFECTIVE MAY 1, 2012

Location: Page 49 104.2 USA Swimming Records

104.2 USA Swimming Records

- .2 American and United States Open Records
 - C **Special Requirements and Conditions**
 - (4) Pool Measurement
 - (a) The length of the course shall be measured and certified (signed and sealed) by a surveyor or other qualified person in accordance with the standards established by USA Swimming, professional licensed in the state or jurisdiction where the facility is located. Such measurements shall be stated in feet and inches and fractions of an inch, or feet and hundredths of a foot for short course yards pools, or in meters and centimeters for long or short course meters pools.

No further change

R-14 ADOPTED EFFECTIVE IMMEDIATELY

Location: Page 57 202.2 Requirements for Sanction
Page 60 202.4 Requirements for Approval

202.2 REQUIREMENTS FOR SANCTION — Sanctions are issued, withheld or withdrawn in accordance with the following regulations:

- .1-.5 *no change*

.6 Applicants for sanction of an open water competition shall complete the application approved by USA Swimming. Before an open water competition is sanctioned by the LSC, the LSC sanction officer shall submit the completed sanction packet to USA Swimming for review and approval.

Re-number remaining items

202.4. REQUIREMENTS FOR APPROVAL — Approval of competition may be issued, withheld or withdrawn by an LSC in accordance with the following regulations:

.2 Applicants for approval of an open water competition shall complete the application approved by USA Swimming. Before an open water competition is approved by the LSC, the LSC sanction officer shall submit the completed sanction/approval packet to USA Swimming for review and approval.

*Re-number remaining
No further change*

R-15 ADOPTED EFFECTIVE RETROACTIVE TO SEPTEMBER 1, 2011

Location: Page 59 202.3 Conditions of Sanction
Page 111 502.6 Privileges and Responsibilities of Membership

202.3. CONDITIONS OF SANCTION — Any event for which a sanction is required according to 202.1 is subject to the following conditions:

.1-.3 no change

.4 All ~~meet directors~~, referees, starters, chief judges, and stroke and turn judges, serving in an official capacity in a sanctioned event, must be non-athlete members of USA Swimming or members of other FINA-member organizations. All meet directors for meets sanctioned by USA Swimming must be members of USA Swimming. Except for coaches accompanying athletes participating under the provisions of 202.6 or USA Swimming's "open border" policy, all persons acting in any coaching capacity in a sanctioned event must be coach members of USA Swimming.

No further change

502.6 PRIVILEGES AND RESPONSIBILITIES OF MEMBERSHIP

- .1 All non-athlete members of USA Swimming must have satisfactorily completed criminal background checks and athlete protection education as required by USA Swimming.
- .2 All clubs, including seasonal clubs, shall ensure that all athletes and coaches participating in practices and USA Swimming sanctioned competition are members of USA Swimming.
- .3 All referees, starters, chief judges, and stroke and turn judges must be non-athlete members of USA Swimming.

Re-number remaining items

R-17 ADOPTED/AMENDED EFFECTIVE JANUARY 1, 2012
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Location: Page 59 202.3 Conditions of Sanction
Page 60 202.4 Requirements for Approval

202.3. CONDITIONS OF SANCTION — Any event for which a sanction is required according to 202.1 is subject to the following conditions:

.1-.7 no change

.8 The meet announcement shall include the following statement: Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

Renumber remaining items.

202.4. REQUIREMENTS FOR APPROVAL — Approval of competition may be issued, withheld or withdrawn by an LSC in accordance with the following regulations:

.14 The meet announcement shall include the following statement: Use of audio or visual recording devices, including a cell phone, is not

permitted in changing areas, rest rooms or locker rooms.

R-19 ADOPTED EFFECTIVE IMMEDIATELY

Location: Page 61 202.5 Requirements for Observed Swims

202.5 REQUIREMENTS FOR OBSERVED SWIMS — Swims may be observed by assigned USA Swimming or YMCA officials for conformance with USA Swimming technical rules in a meet conducted under other than USA Swimming rules. Official times achieved as observed swims may be submitted for entry into the SWIMS database if all of the following conditions are met:

No further change

R-20 ADOPTED EFFECTIVE IMMEDIATELY

Location: Page 69 206.1 General

206.1 General

- .1 A ~~winter short course yard (25 yard)~~ National Championships shall be conducted the week following Thanksgiving.
- .2 *No changes*
- .3 USA Swimming Open Water Individual and Team Championships shall be held in the 5 kilometer, and 10 kilometer ~~and 25 kilometer~~ distances.

R-21 ADOPTED EFFECTIVE IMMEDIATELY

Location: Page 72 207.10 Entries

207.10 ENTRIES

- .4 Entry times for individual and relay events shall:
 - A-C *no change*
 - D Be achieved during the following qualification periods:
 - (1) *no change*
 - (2) The USA Swimming winter Short Course Yards National Championships – from November 1 of the year prior to the meet until the entry deadline.

R-22 ADOPTED EFFECTIVE JANUARY 1, 2012

Location: Page 72 207.10 Entries

207.10 ENTRIES

- .1-.3 *no change*
- .4 Entry times for individual and relay events shall:
 - A Be the best competitive times of swimmers except as otherwise provided in this Article 207 or the USA Swimming Policy Manual.
 - B Be achieved in accordance with 102.24.1, Requirements for Official Time.
 - C Be submitted to hundredths of a second.
 - ~~D Be achieved during the following qualification periods:~~
 - ~~(1) USA Swimming National Championships/U.S. Open – from July 1 of the year prior to the meet until the entry deadline.~~
 - ~~(2) USA Swimming Short Course Yards National Championships – from November 1 of the year prior to the meet until the entry deadline.~~

R-23 ADOPTED Effective JANUARY 1, 2012

Location: Page 75 207.12.6 Administrative Conduct of USA Swimming Championships – Scratch Procedures

207.12 Administrative Conduct of USA Swimming Championships – *no change*

.6 Scratch Procedures

F Notwithstanding the provisions of 207.12.6, the scratch procedures for a selection meet for the United States teams for the Olympic Games, the FINA World Championships, the Pan Pacific Championships, the Pan American Games or the World Student Games shall be established by the Steering Committee and the Vice President of Program Operations.

R-24 ADOPTED EFFECTIVE JANUARY 1, 2012

Location: Page 90 304.3 Code of Conduct

304.3 The following shall be considered violations of the USA Swimming Code of Conduct:

.7 Any ~~inappropriate sexual conduct, or advance, or other inappropriate sexually-oriented behavior or action~~ oral, written, visual or physical conduct of a sexual nature directed towards an athlete by (i) a coach member or other non-athlete member, or (ii) any other adult participating in any capacity whatsoever in the ~~affairs or~~ activities of USA Swimming (whether such adult is a member or not). Any act of sexual harassment, including without limitation unwelcome sexual advances, requests for sexual favors, and other verbal or physical conduct of a sexual nature ~~nonconsensual physical sexual conduct, or pattern of unwelcome advances or other sexual harassment~~ in connection with or incidental to a USA Swimming-related activity by any person participating in the affairs or activities of USA Swimming (whether such person is a member or not) directed toward any member or other person participating in the affairs or activities of USA Swimming.

R-27 ADOPTED/AMENDED EFFECTIVE JANUARY 1, 2012

Location: Page 91 Article 304.3 Code of Conduct

Page 93 Article 403.1 Jurisdiction of the LSC Board of Review

Page 94 Article 403.2 Jurisdiction of the National Board of Review

304.6 Bullying is prohibited. For these purposes, the term "bullying" shall mean, regardless of when or where it may occur, the severe or repeated use by one or more USA Swimming members ("Members") of an oral, written, electronic or other technological expression, image, sound, data or intelligence of any nature (regardless of the method of transmission), or a physical act or gesture, or any combination thereof, directed at any other Member that to a reasonably objective person has the effect of: (i) causing physical or emotional harm to the other Member or damage to the other Member's property; (ii) placing the other Member in reasonable fear of harm to himself/herself or of damage to his/her property; (iii) creating a hostile environment for the other Member at any USA Swimming activity; (iv) infringing on the rights of the other Member at any USA Swimming activity; or (v) materially and substantially disrupting the training process or the orderly operation of any USA Swimming activity (which for the purposes of this section shall include, without limitation, practices, workouts and other events of a member club or LSC).

Re-number remaining items

403.1 JURISDICTION OF THE LSC BOARD OF REVIEW – In matters involving a member or members of only one LSC, matters arising in regional or zone competition and any complaint alleging violations of ~~304.3.13-304.3.14~~ through ~~304.3.17~~ 304.3.18 inclusive of the USA Swimming Code of Conduct.....*no further change*

403.2 Jurisdiction of the National Board of Review

.1 **Original and Exclusive Jurisdiction** – The National Board of Review has original and exclusive jurisdiction to hear:

C Any complaint under 304.3.1 through ~~304.3.12~~ 304.3.13 against any member of USA Swimming, including any athlete, coach, manager, official, member of any committee, or a Participating Non-Member; or 0.

R-28 ADOPTED EFFECTIVE JANUARY 1, 2012

Location: Page 92 Article 306 Sexual Misconduct Reporting Requirements

- 306.1 It is every member's responsibility to promptly report any incident regarding sexual misconduct by a member as described in Article 304.3.5 to USA Swimming's Athlete Protection Officer. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. Various state laws may also require reporting to law enforcement or to a designated child protection agency.
- 306.2 No member shall retaliate against any individual who has made a good faith report under 306.1.
- 306.3 Filing a knowingly false allegation ~~False reporting~~ of sexual misconduct ~~made in bad faith~~ is prohibited and may violate state criminal law and civil defamation laws. Any person making a knowingly false allegation of sexual misconduct shall be subject to disciplinary action by USA Swimming.
- 306.4 Neither civil nor criminal statutes of limitation apply to reports of cases of sexual abuse.

R-29 ADOPTED EFFECTIVE JANUARY 1, 2012

Location: Page 109 502.1 Requirements of Membership

502.1: **Requirements of Membership** – All members of the House of Delegates, Board of Directors, persons with password access to the USA Swimming database, and any committee, sub-committee, or division of USA Swimming, appointed or elected, must hold an individual membership pursuant to the provisions of this Article, unless otherwise specified by the Board of Directors.

R-30 ADOPTED EFFECTIVE IMMEDIATELY

Location: Page 115 Article 505 Executive Committee

505.2 **MEMBERSHIP** — The Executive Committee shall consist of the officers of USA Swimming, the Olympic International Operations Committee Coordinator, and one additional athlete member from the Board of Directors to be selected by the Athletes Committee, acting with advice and consent of legal counsel.

R-32 ADOPTED EFFECTIVE JANUARY 1, 2012

Location: Page 120 506.9 Steering Committee

506.9 Steering Committee

- .1 Membership: The Steering Committee shall consist of:
- A Eight (8) coaches selected ~~by the National Team Head Coach/General Manager~~ as follows:
 - Preceding Head Women's Olympic Coach,
 - Preceding Head Men's Olympic Coach,
 - OIOC Coordinator,
 - Two coaches elected by Olympic International Operations Committee
 - One coach appointed by the President.
 - Two coaches appointed by the National Team Director
 - B Once the new Head Olympic Coaches are named, they shall become ex-officio members of the Steering Committee, if not already on the Committee. [re-number to end]
 - ~~B~~C Two athletes selected by the Athletes Committee, one female/one male, both former USA National Team members; and
 - ~~G~~D ~~The National Team Head Coach/General Manager, the OIOC Coordinator, The Technical Vice-President, the Chair of the Senior Development Committee, and the Chair of the Sports Medicine Committee~~ who shall all be ex-officio members of the Committee with voice but no vote. The Committee may name additional ex-officio members.

R-33 ADOPTED EFFECTIVE JANUARY 1, 2012

Location: Page 123 508.5 Endowment Funds

508.5 Endowment Funds — There shall be established within USA Swimming such special endowment fund accounts as the House of Delegates or the Board of Directors deem appropriate. The rules governing their respective operations shall be set forth in the USA Swimming Policy Manual. ~~The fund previously established under these Bylaws, and known as the "USA Swimming Athlete Assistance Fund" shall continue. The USA Swimming Athlete Assistance Fund shall provide assistance and/or recognition to USA Swimming athletes who show potential for international swimming competition.~~

R-34 ADOPTED EFFECTIVE IMMEDIATELY

Location: Page 125 511.1 Authority to Amend and Vote Required

511.1 AUTHORITY TO AMEND AND VOTE REQUIRED — ~~Subject to the provisions of rule 504.8 hereof, The Rules and Regulations may be altered, amended or repealed, subject to the provisions of rule 504.8, only at an annual meeting of the USA Swimming House of Delegates as follows, except that the Rules & Regulations Committee may alter, amend or repeal any portion of Part One or Part Seven at any time to conform to the rules of the Federation Internationale de Natation (FINA):~~

- ~~.1 The Rules & Regulations Committee may alter, amend or repeal any portion of Part One or Part Seven at any time to conform to the rules of the Federation Internationale de Natation (FINA)~~
- ~~.2 The USA Swimming House of Delegates may amend the Rules and Regulations at its annual meeting as follows:
 - ~~-1 A Parts One, Two, Three, Four, Six and Seven: by a majority vote of the House members present and voting.~~
 - ~~-2 B Part Five: by a two-thirds (2/3) vote of the House members present and voting.~~~~

R-35 ADOPTED EFFECTIVE JANUARY 1, 2012

Location: Page 141 Part Seven Open Water Swimming

PART SEVEN OPEN WATER SWIMMING

USA Swimming Rules and Regulations apply to open water competition, unless specifically indicated otherwise in Part Seven. ~~Swimmers, coaches, clubs, and local public entities should address safety considerations where events are held. Some safety provisions are contained in the USA Swimming Open Water Meet Directors Guidelines.~~

R-36 ADOPTED EFFECTIVE IMMEDIATELY

Location: Page 142 701.2 Rules

701.2 RULES

- .1 All open water competitions shall be freestyle events.
- .2 The Host Committee shall include in the meet ~~information~~ announcement:
 - A the policy for abandonment ~~and~~
 - B whether the race will be an "escorted" or "unescorted" swim.
- .3 The Host Committee shall develop a safety plan for the competition in compliance with all requirements included in the published application for sanction of an open water event.

Re-number remaining

R-37 ADOPTED EFFECTIVE IMMEDIATELY

Location: Page 144 701.7 The Meet Director

701.7 THE MEET DIRECTOR shall:

- .1 ~~Shall~~ determine the course for an open water event.
- .2 have the authority to withdraw the sanction on race day if adequate safety precautions are not in place and shall notify all race participants prior to the beginning of the race of the revocation should the race organizer proceed with the competition;
- .3 have the authority to stop a race at any time should conditions change and safety become a concern.

R-38 ADOPTED EFFECTIVE IMMEDIATELY

Location: Page 144 701.8 The Independent Safety Monitor (new)

701.8 THE INDEPENDENT SAFETY MONITOR shall

- .1 be approved by an LSC sanction officer and shall be independent of the race organizing committee;
- .2 be present at the race to assure the approved safety plan is implemented;
- .3 assure that adequate safety precautions are in place to deal with race-day conditions;
- .4 have the authority to withdraw the sanction on race day if adequate safety precautions are not in place and shall notify all race participants of the revocation prior to the beginning of the race should the race organizer proceed with the competition;
- .5 have the authority to stop a race at any time should conditions change and safety become a concern.

Re-number remaining sections

R-39 ADOPTED EFFECTIVE IMMEDIATELY

Location: Page 145 701.10 (formerly 701.9) The Referee

701.10 THE REFEREE shall *(previously 701.9)*

- .1 ~~Shall~~ ensure that all participants, coaches, and event support personnel are briefed about the course, safety procedures and any site-specific rules applying to the event;
- .2 have the authority to withdraw the sanction on race day if adequate safety precautions are not in place and shall notify all race participants of the revocation prior to the beginning of the race should the race organizer proceed with the competition;
- .3 ~~Shall~~ have the authority to stop the race or to change the distance and/or race course due to safety concerns or unforeseen circumstances;

Re-number remaining items

R-40 ADOPTED/AMENDED EFFECTIVE IMMEDIATELY

Location: Page 148 702.2 Water/Air Temperature (formerly Water Temperature)

702.2 WATER/AIR TEMPERATURE - The race shall not begin if the following conditions are not satisfied:

- .1 The water temperature ~~should~~ shall not be less than ~~be a minimum of~~ 16°C (60.8° F).
- .2 For races of 5K and above, the water temperature shall not exceed 29.45° C (85° F).
- .3 The air temperature and water temperature when added together shall not be less than 30° C (118° F) nor greater than 63° C (177.4° F).

R-41 ADOPTED EFFECTIVE IMMEDIATELY

Location: Page 148 (New) 702.3 Water Quality

702.3 WATER QUALITY

- .1 If water quality meets the standards of the local testing authority, the water quality will be deemed acceptable unless otherwise determined by the Safety Officer or Independent Safety Monitor.
- .2 If an exceptional event such as heavy rain or flooding affects the water quality, the Referee, the Meet Director, or the Independent Safety Monitor shall have the authority to postpone or cancel the race.

R-42 ADOPTED EFFECTIVE JANUARY 1, 2012

Location: Page 148 (New) 702.6 Feeding Stations

702.6 Feeding Stations

- .1 Feeding stations may be floating or stationary and shall safely accommodate the number of feeders consistent with the number of entries.
- .2 Feeding stations shall be located on the inner or outer boundary of the course, in line with the turn buoy.
- .3 Number of feeding stations required:
 - A No feeding station is required for an event 5k or shorter.
 - B At least one feeding station is required for an event that is longer than 5k but shorter than 10k.
 - C For an event 10k or longer, there shall be at least one feeding station every 2k.

Re-number remaining sections

R-43 ADOPTED EFFECTIVE JANUARY 1, 2012

Location: Required LSC Bylaws

ARTICLE 604
HOUSE OF DELEGATES

604.1 MEMBERS - The House of Delegates of XXSI shall consist of the Group Member Representatives, the Athlete Representatives, the Coach Representatives, the Board Members designated in Section [605.1], and the At-Large House Members.

- .1 GROUP MEMBER REPRESENTATIVES - Each *Group Member* in good standing shall appoint from its membership *a* Group Member Representatives and one or more alternates *for each*. The appointment shall be in writing, addressed to the Secretary of XXSI and duly certified by the chief executive officer or secretary of the appointing Group Member. The appointing Group Member may withdraw *one or more of its* Group Member Representatives or one or more of its alternates and substitute *a* new Group Member Representatives or new alternates by written notice, addressed to the Secretary of XXSI and signed by the chief executive officer or secretary of the appointing Group Member.

The LSC may vary the number of representatives accorded Group Members, either by absolute number or by a formula determining the number that is based on the number of swimmers registered to the Group Member relative to the number of swimmers registered in the LSC. The LSC may deny Affiliated Group Members or Seasonal Club Members the right to be represented. Seasonal Club Members may be also denied the right to be represented or, if represented, the Group Member Representative may be denied the right to vote in the House of Delegates. See the commentary note following Section 0 for a different solution if the LSC desires to provide representation proportionate to club size.

- .2 NON-ATHLETE AT-LARGE HOUSE MEMBERS - Up to ten (10) at-large non-athlete members of the House of Delegates may be appointed as At-Large House Members by the General Chair with the advice and consent of the Board of Directors. ~~Additionally, a sufficient number of athlete members at large shall be [appointed by the General Chair with advice and consent of the Board of Directors or elected to constitute at least 20% of the voting membership of the House of Delegates.~~ The At-Large House Members shall hold office from the date of appointment through the conclusion of the annual meeting of the House of Delegates following such appointment or until their successors are appointed to the House of Delegates.

NUMBER OF ATHLETE REPRESENTATIVES - A sufficient number of Athlete Representatives shall be selected to constitute at least twenty percent (20%) of the voting membership of the House of Delegates/Board of Directors, with approximately one-half of that number elected each year (in the case of uneven numbers, the LSC should determine the number to be elected in odd and even numbered years on the basis that will produce equivalency in number of Board Members/House Delegates to be elected in each year. The LSC should insert in whichever of Alternative Provisions A or B for selection of Athlete Representatives (discussed immediately below) is adopted the actual number of Athlete Representatives to be elected in total and each year based on the calculations required by the proportionality principle. If that LSC subsequently changes the number of Board Members/House Delegates, it will have to recalculate the number of Athlete Representatives accordingly. In an LSC which has At-Large House/Board Members with the power in the House of Delegates and the Board of Directors to vary the number of At-Large House/Board Members, the LSC needs to decide whether or not it wants to have the number of Athlete Representatives vary in proportion to the number of At-Large House/Board Members. Since the actual effect is likely to occur, if at all, infrequently, it would be appropriate to ignore the variation. However, if the LSC does desire to have that variation taken into account, the following sentence should be added to the end of this Section 0: "The number of Athlete Representatives shall be increased or ~~deceased~~decreased as may be necessary to have them comprise at least twenty percent (20%) of the voting members of the House of Delegates/Board of Directors."

METHOD OF SELECTION OF ATHLETE REPRESENTATIVES - Two alternative provisions are offered concerning the method of selecting of the Athlete Representatives. Provision A is highly recommended for most LSCs as being generally in the best interest of swimming. Provision B is intended primarily for use in very large LSCs in which direct democracy may be impractical. Provision A follows the traditional pattern of election by the athletes at a meet well-attended by athletes 13 years and older. Provision B provides for selection in any of three methods: the first, election in the same manner as the elected Board Members, the second, election by the Board of Directors and the third, appointment by the General Chair with the advice and consent of the Board of Directors. An LSC must ~~choose~~choose between the Provisions A and B, omitting the unused language. Furthermore, if Provision B is chosen, an additional choice must be made and corresponding changes must be made to other Articles 0, 0 and/or 0, as ~~needed~~the case may be. In either case, the number of Athlete Representatives is subject to the commentary note immediately preceding this paragraph. An LSC with 5,000 or fewer Athlete Members must obtain the approval of the USA Swimming Rules and Regulations Committee to use Provision B.

Alternative Provision A: Two (2) Athlete Representatives shall be elected, one each year for a two-year term, or until their respective successors are elected. At the time of election, the Athlete Representative must (a) be an Athlete Member or a Seasonal Athlete Member in good standing; (b) be at least sixteen (16) years of age or at least a sophomore in high school; (c) be currently competing, or have competed during the three (3) immediately preceding years, in the program of swimming conducted by XXSI or another LSC; and (d) have his or her place of permanent residence reside in the Territory and expect to reside therein throughout at least the first half of the term (other than periods of enrollment in an institution of higher education). The election of the Athlete Representatives shall be conducted annually during XXSI's ~~||long| or |short|~~ course ~~||senior| or |age group|~~ swimming championship, or other regularly scheduled meet designated by the Board of Directors. The balloting shall take place at a meeting called for that purpose by the Senior Athlete Representative or the Athletes Committee, or failing that, at a time and in a manner designated by the Board of Directors. The Athlete Representatives elected shall be determined by a majority of the Athlete Members and Seasonal Athlete Members in good standing present and voting who are thirteen (13) years of age or older.

An LSC may grant Seasonal Athlete Members the right to become Athlete Representatives and to vote for the Athlete Representatives or not as is in the best interests of the LSC. If one or both of these rights is to be denied, then the appropriate italicized references to them must be omitted. The italicized reference to the Athletes Committee may be omitted if the LSC does not have an Athletes Committee. The LSC is provided a number of choices among swimming championships. Moreover, if it is in the best interests of an LSC, the LSC may specify another swimming meet or another annually recurring, well-attended event or meeting as the voting venue.

*Alternative Provision B: Two (2) Athlete Representatives shall be ~~||elected by the House of Delegates| or |elected by the Board of Directors| or |appointed by the General Chair with the advice and consent of the Board of Directors|~~, one each year for a two-year term or until their respective successors are ~~|elected or appointed| or |take office|~~. At the time of ~~||election| or |appointment|~~, each Athlete Representative must (a) be an Athlete Member or a Seasonal Athlete Member in good standing; (b) be at least sixteen (16) years of age or at least a sophomore in high school; (c) be currently competing, or have competed during the three (3) immediately preceding years, in the program of swimming conducted by XXSI or another LSC; and (d) have his or her place of permanent residence reside in the Territory and expect to reside therein throughout at least the first half of the term (other than periods of enrollment in an institution of higher education). *[insert here the chosen sentence from the following commentary box]**

The time at which House of Delegates elected Athlete Representatives assume office should be correspond to the time at which Board Members assume office. The time at which Athlete Representatives otherwise assume office would be upon election or appointment,

as the case may be, unless that date is prior to the date that newly elected Board Members assume office. If Seasonal Athlete Members are not to be eligible to be Athlete Representative, the italicized reference to them must be omitted. The choice between election (and by which body) and appointment of the Athlete Representatives must be made by the LSC. The next sentence of Alternative Provision B shall be whichever of the following three sentences is chosen by the LSC:

(1) If the Athlete Representative is to be elected by the House of Delegates, then the sentence to be inserted above shall be: "The Athlete Representative election shall be conducted at the same House of Delegates' meeting at which other elections are conducted."

(2) If the Athlete Representative is to be elected by the Board of Directors, then the sentence shall be: "The Athlete Representative election shall be conducted at the Board of Directors meeting immediately following the House of Delegates meeting at which Board Members were elected."

(3) If the Athlete Representative is to be appointed, then the sentence shall be: "The General Chair shall make the appointment within sixty (60) days of the meeting of the House of Delegates at which Board Members were elected."

The sentence following this guideline box becomes the last sentence of Provision B. It is not to be used as part of Provision A.

Prior to the ~~/election/ or /appointment/~~, the current Athlete Representatives and the Athletes Committee shall be asked to nominate one or more Athlete Members or Seasonal Athlete Members for consideration.

The preceding sentence is a part of Provision B and the first choice must be consistent with the selection made of the alternatives within Provision B. The italicized reference to the Athletes Committee may be omitted if the LSC does not have an Athletes Committee. The italicized reference to Seasonal Athlete Member may be omitted if the LSC does not have Seasonal Athlete Members or if they are not to be eligible to be Athlete Representatives.

ARTICLE 605 BOARD OF DIRECTORS

605.1 MEMBERS - The Board of Directors shall consist of the following officers, committee chair~~men~~, coordinators and representatives of XXSI, together with those additional members designated in Sections 0 and 0:

- .1 General Chair
- .2 Administrative Vice-Chair
- .3 Senior ~~/Vice-Chair/ or /Committee Chair/~~
- .4 Age Group ~~/Vice-Chair/ or /Committee Chair/~~
- .5 Program Development Vice-Chair
- .6 Program Operations Vice-Chair
- .7 Finance Vice-Chair
- .8 Secretary
- .9 Treasurer
- .10 ~~The~~ Coach Representatives
- .11 ~~The~~ Athlete Representatives (2)
- .12 Safety ~~/Committee Chair/ or /Coordinator/~~
- .13 Technical Planning Chair
- .14 At-Large Board Members

This section permits an LSC to organize itself using either the traditional LSC organization (retaining the Age Group and Senior vice-chairmen positions) or the function-based organization similar to the USA Swimming organizational format and hybrids in between. For more information in that regard, see the introductory guideline to Article 0. While the new position of Finance Vice-Chair is designated as optional, it is strongly recommended that the Finance Division become a part of every LSC's structure. An LSC may add additional members to the Board of Directors, but may delete only that indicated as numbers .13 and .14 and, if the traditional organization is used, only those indicated as .5 and .6. If the functional organization is used, those indicated as .3 and .4 may also be deleted. Larger LSCs, however, would likely want to keep the Age Group and Senior Committee Chair~~men~~ as Board Members even in the function-based structure. See Sections 0 and 0 regarding the number of Athlete Representatives and Coach Representatives. The order in which officers are listed here is not mandatory. The reference to Section ~~[605.2]0~~ may be omitted by LSCs without At-Large Board Members.

605.2 AT-LARGE BOARD MEMBERS - *The Board of Directors shall have five (5) At-Large Board Members. The House of Delegates or the Board of Directors by resolution may reduce the number, but not increase it to more than five (5). Any reduction in the number of At-Large Board Members shall not take effect until the terms of office of the incumbents expire or become vacant. The House of Delegates or the Board of Directors by resolution may create classes of At-Large Board members, such as an At-Large Board Membership to be held by a Coach Member. A sufficient number of athlete members shall be selected as At-Large Board Members to constitute at least twenty percent (20%) of the voting membership of the Board of Directors at any given time (taking into account the Athlete Representatives). The athlete At-Large Board Members shall meet the same requirements and be selected at the same time and place as the Athlete Representatives set forth in Section [604.1.2]. All At-Large Board Members shall hold office from the date of their election (or appointment, as the case may be) through the conclusion of the annual meeting of the House of Delegates following such appointment or until their successors are elected or appointed.*

An LSC may include or exclude the provision for At-Large Board Members and may specify a number less than five (5) or specify a fixed number which may not be changed by the House of Delegates or the Board of Directors without any amendment of the Bylaws. Moreover, an LSC may create one or more classes of At-Large Board Members, such as a seat that must be filled by a coach or an eight and under parent. Note that changes in the number of At-Large Board Members may affect the number of Athlete Representatives. See the paragraph captioned "Number of Athlete Representatives" in the commentary box under Section 0. In order to preserve continuity across the LSCs, if an LSC elects to omit the article, the Section number and heading should remain with the addition of the following commentary: "This Section is reserved for future use."

605.3 EX-OFFICIO MEMBERS - The following persons shall be *an* ex-officio members of the Board of Directors during the time period in which they meet the defined status:

- .1 The Immediate Past General Chair of XXSI, if an Individual Member in good standing;
- .2 *Members of the USA Swimming Board of Directors who are Individual Members in good standing; and*
- .3 *USA Swimming Committee Chair~~s~~ who are Individual Members in good standing.*

An LSC may include the provisions for additional ex-officio members of the Board of Directors italicized above and may add further categories if desired. The intent of this provision is to allow a person to serve so long as the status described continues; i.e., the Immediate Past General Chair serves until no longer the Immediate Past General Chair.

605.4 LIMITATIONS - *No more than three (3) members or coaches of any Club Member or Affiliated Group Member shall serve on the Board of Directors at any time. This limitation shall be applied separately as to Athlete Members and other Individual Members.*

The result of this application is that a single club could have, for example, three Coach Members and three Athlete Members serving on the Board of Directors at the same time. That club could not, however, have four volunteers and two Athlete Members. Although not recommended, this provision may be omitted if desired. Alternatively, or in addition to the club affiliation limitation, an LSC may impose a limitation based on geography. In order to preserve continuity across the LSCs, if an LSC elects to omit this provision, the Section number and heading should remain with the addition of the following commentary: "This Section is reserved for future use."

605.5 VOICE AND VOTING RIGHTS OF BOARD MEMBERS - The voice and voting rights of Board Members and Individual Members shall be as follows:

- .1 BOARD MEMBERS - Each Board Member *other than the ex-officio members* ~~(see Section 0 and At-Large Board Members)~~ shall have both voice and vote in meetings of the Board of Directors and its committees.

LSCs will need to determine whether all Board Members shall have both voice and vote or that some shall have voice only. If some are not to have a vote, the following paragraph must be used to deal with those Board Members in addition to inclusion of the "other than" clause. Other positions may be used in substitution for, or in addition to, the ones shown above and below. If the following paragraph is used it must be made consistent with the preceding paragraph.

- .2 NON-VOTING BOARD MEMBERS - Unless entitled to vote under another provision of these Bylaws, the *ex-officio members* ~~and At-Large~~

Board Members shall have voice but no vote in meetings of the Board of Directors and its committees.

- .3 INDIVIDUAL MEMBERS - Individual Members who are not Board Members may attend open meetings of the Board of Directors and its committees and be heard in the discretion of the presiding officer. Unless entitled to vote under another provision of these Bylaws, Individual Members shall have no vote in meetings of the Board of Directors or its committees.

[No further changes]

607.3 MEMBERS AND EX-OFFICIO MEMBERS OF STANDING COMMITTEES - Except as otherwise provided in these Bylaws or by the Board of Directors, members of each standing committee shall be appointed by the General Chair with the advice and consent of the respective division Vice-Chair and the chairman of the committee. Notwithstanding anything herein to the contrary, a sufficient number of athlete members shall be appointed to each committee to constitute at least twenty percent (20%) of the voting membership of such committee. The athlete committee members shall meet the same requirements as those of Athlete Representative set forth in Section [604.1.2]. The division Vice-Chair shall be an ex-officio member (with voice and vote) of each standing committee within the respective division. The ex-officio members and other designated members of certain standing committees shall be as follows:

An LSC may add to, or subtract from, the list of standing committees and may vary the provisions setting forth the membership of each standing committee, except that, if used, the Athletes Committee, the Coaches Committee and the Personnel Committee shall not be varied as to membership. Committees should be added to this list only if a significant portion of its members are ex-officio members or the LSC desires to provide a formula approach to membership. The following Sub-Sections shall be renumbered accordingly.

- .1 ATHLETES COMMITTEE - *The Athletes Committee shall consist of the Athlete Representatives, the athlete At-Large Board Members and the athlete At-Large House Members. ~~at least three other Athlete Members or Seasonal Athlete Members.~~ ~~The Senior Athlete Representative or the Athletes Committee shall determine the number of additional Athlete Members.~~ The Senior Athlete Representative shall be the chairman of the committee.*

The decision to accord Seasonal Athlete Members the right to be members of the Athlete Committee should be consistent with the decision regarding their right to vote for the Athlete Representatives.

[No further changes]

For Information Only:

THIS ITEM WAS ADOPTED BY THE RULES COMMITTEE AND BECAME EFFECTIVE 02-09-2011

Location: Page 148 702.5 The Finish

702.5 The Finish

- .1 The final approach to the finish shall be clearly defined with markers of a distinct color. The area leading to the finish apparatus should be clearly marked by rows of buoys which narrow as they get closer to the finish wall - this is considered part of the course and the swimmers shall remain within the rows of buoys throughout their approach to the finish. Escort safety craft should be stationed at the approach to and entrance of the finish lane to ensure that only escort craft authorized to do so enter or cross this entrance.

HOUSEKEEPING ITEMS

HK-1 ADOPTED

Location: Various

Global change: ~~M~~ m;
101.8.1
701.2.6

HK-2 ADOPTED

Location: Various

~~National Team Head Coach/General Manager~~ National Team Director

[206.3.2; 206.4; 207.2; 207.6; 207.7; 506.9.1A; 506.9.1C; 506.9.3]

HK-3 ADOPTED

Location: Page 52 104.2.3 National Age Group Records

104.2 USA Swimming Records

.3 National Age Group Records

- C **Recognition** – (1) Upon receipt of the record application, a certificate of record achievement will be sent to all swimmers and members of relays whose time meets or betters the current National Age Group Record.
- (2) ~~A certificate of achievement will be sent to all swimmers and members of relays whose time meets or betters the National Age Group record published in the current USA Swimming Rules and Regulations.~~

HK-4 ADOPTED

Location: Page 69 206.1 General

206.1 GENERAL — USA Swimming Championships shall be conducted annually.

.1 *No change*

- .2 A long course National Championship meet shall be conducted every summer, except when there is a Trials Class meet in the summer and that Trials Class meet is not in accordance with 206.4.2 (at the traditional time at the end of the summer). The end of ~~the~~ summer meet during those summers shall be called the U.S. Open.

No further change

HK-5 ADOPTED

Location: Page 71 207.5 USA Swimming Disability Championships

~~**207.5 USA SWIMMING DISABILITY CHAMPIONSHIPS** — The USA Swimming Disability Championship meet shall be governed and conducted by Program Operations. Program Operations shall request International Paralympic Swimming Committee approval of the competition. All USA Swimming member athletes with a disability who have achieved the qualifying time standards for one or more specific events are eligible to participate.~~

Re-number remaining sections.

HK-6 ADOPTED

Location: Page 91 Article 305 Athlete Protection Policies

305.5 Travel

- .2 Team managers and chaperones must be members of USA Swimming and have successfully passed a USA Swimming-administered required criminal background check.

HK-7 ADOPTED

Location: Page 88 302.3 Application/Renewal

302.3 APPLICATION/RENEWAL — Athlete membership applications and payment as set forth in ~~502.5~~ 502.6 shall be submitted to the Registration Chair of the LSC who, upon approval, shall issue a membership card. The Registration Chair may designate deputy registrars to accept applications on behalf of the Chair and forward for approval.

HK-8 ADOPTED

Location: Page 105 408.1 Procedure

408.1 Procedure

- .1 In accordance with 406.3.4, a person may not appeal a decision of a LSC Board of Review panel which consisted of fewer than seven (7) members without first making a timely request for a rehearing by the full LSC Board of Review. Every appeal to the National Board of Review shall be instituted by a Petition served upon the Executive Director, as well as the other party(ies) to the LSC Board of Review proceeding, and shall be accompanied by a \$250 non-refundable filing fee payable to USA Swimming. Any appeal must be filed within thirty (30) days from the postmark date of the written Decision of the LSC Board of Review. The Petition on appeal shall set forth the grounds for appeal, citing factual and legal issues in as much detail as possible.

HK-9 ADOPTED

Location: Page 111 502.6 Privileges and Responsibilities of Membership

502.6 PRIVILEGES AND RESPONSIBILITIES OF MEMBERSHIP

- .1 - .7 *no change*
- .8 All clubs are required to comply with USA Swimming Pre-Employment Screening Procedures for New Employees for all new employees who are required to be members under ~~502.4~~ 305.4 or 502.6.3. (effective August 31, 2011)

HK-10 ADOPTED

Location: Page 141 701.1 Events/Meets
Page 12 Official Glossary

701.1 Events/Meets

- .1 - .3 (no change)
- ~~.4 Internet Distance Challenge~~
 - A. ~~A National Internet Distance Challenge shall be conducted annually. Except for .4C(4) below, swims must take place between September 1 and August 1.~~
 - B. ~~Times submitted from a 25-meter course shall be converted and integrated with yard times.~~
 - C. ~~Events~~
 - (1) ~~Age Group in 25 yard/meter pools~~ — Swim own age in following distances:
9,10 year olds 1000 yards/800 meters; 11,12 year olds 2000 yards/1600 meters; 13,14, 15,16, 17,18 year olds 3000 yards/2400 meters;

- ~~(2) Senior — 5000 yards/4000 meters in 25 yard/meter pools;~~
- ~~(3) One Hour Swim for Distance (Age Group and Senior) in 25 yard/meter pools;~~
- ~~(4) Ten Kilometer Swim (Age Group starting with the 13-14 age group, and Senior) in 50 meter pools (may be contested anytime from April 16 of the current year through April 15 of the next year).~~

D. Awards

- ~~(1) Age Group — First through sixth places;~~
- ~~(2) Senior — First through tenth places;~~
- ~~(3) Teams (Clubs) — First three places using 16 place scoring based on the composite score of any club's individual members' scores;~~
- ~~(4) With the concurrence of USA Swimming, meet hosts may offer additional awards and incentives.~~

Official Glossary

~~**Internet Distance Challenge**— a swimming competition conducted in multiple pool locations with results compiled in a central location.~~

HK-11 ADOPTED

Location: Various

102.6C; 104.2.3B; 105.1.2A; 105.1.3; 105.1.3C; 201.1.2; 202.2.2; 202.3.5; 202.3.8; 202.4.8; 202.4.10; 202.6.1A&B; 203.9.2; 204.1; 205.7.1; 205.10.1; 207.3; 207.10.4E; 207.12.1C; ; 207.12.4A; 207.12.5; 207.12.7A; 302.2.4; 404.1.2; 506.11.3; 701.2.3A (1)-(3); 701.3; 701.5.1B; 701.5.2A

Change athlete/competitor, entrant to swimmer

Change athletic to swimming

HK-12 ADOPTED

Location: Required LSC Bylaws

Chairman to Chair

Chairmen to Chairs

Vice-chair to vice chair

United States Swimming to USA Swimming

Completion of section references previously shown as Section 0

Deletion of references to Appendices that have been removed

Miscellaneous clean-ups of a similar nature

Anyone wanting a copy of the specific updates/location may contact John Morse (john.morse@lodgeworks.com) for a copy of the updated Required LSC Bylaws.